

Question 1:

What is the purpose of the IOSH Managing Safely course?

- a. To provide health and safety awareness to all employees
- b. To teach managers and supervisors how to manage health and safety issues within their teams
- c. To certify employees in first aid
- d. To provide legal knowledge to HR professionals

Answer: The correct answer is b. To teach managers and supervisors how to manage health and safety issues within their teams.

Question 2:

What is a risk assessment?

- a. A type of insurance policy
- b. A process to identify and control hazards in the workplace
- c. A first aid procedure
- d. A safety training program

Answer: The correct answer is b. A process to identify and control hazards in the workplace.

Question 3:

Who is responsible for health and safety in the workplace?

- a. The HR department only
- b. The health and safety representative only
- c. Only the employees themselves
- d. Everyone in the organization

Answer: The correct answer is d. Everyone in the organization.

Question 4:

What should a manager do after an accident occurs in the workplace?

- a. Ignore it unless someone was seriously injured
- b. Punish those responsible
- c. Investigate to understand how it happened and how it can be prevented in the future
- d. Cover it up to avoid legal problems

Answer: The correct answer is c. Investigate to understand how it happened and how it can be prevented in the future.

Question 5:

Why is it important to report near misses in the workplace?

- a. To find someone to blame
- b. To create a record for potential legal action
- c. To identify areas where accidents could occur and prevent them
- d. It is not important; near misses don't matter

Answer: The correct answer is c. To identify areas where accidents could occur and prevent them.

Question 6:

What is the primary purpose of an incident investigation?

- a. To assign blame
- b. To learn from incidents and prevent their recurrence
- c. To provide material for training sessions
- d. To fulfil legal obligations

Answer: The correct answer is b. To learn from incidents and prevent their recurrence.

Question 7:

What is the role of a safety committee in a workplace?

- a. To inspect workers' personal belongings for safety hazards

- b. To facilitate communication and cooperation on safety and health matters
- c. To enforce safety rules and regulations
- d. To provide medical aid in case of accidents

Answer: The correct answer is b. To facilitate communication and cooperation on safety and health matters.

Question 8:

What does IOSH stand for?

- a. International Organization of Safety Hazards
- b. Institute of Safety and Health
- c. Institution of Occupational Safety and Health
- d. Initiative of Safety and Health

Answer: The correct answer is c. Institution of Occupational Safety and Health.

Question 9:

Which of the following is NOT a key component of a safety management system?

- a. Communication
- b. Risk assessment
- c. Accountability
- d. Fast-paced decision making

Answer: The correct answer is d. Fast-paced decision making.

Question 10:

What should be included in a safe system of work?

- a. Procedures to deal with emergencies
- b. Ways to bypass safety procedures when under time pressure

- c. A list of people to blame in case of accidents
- d. Methods to hide hazards from inspectors

Answer: The correct answer is a. Procedures to deal with emergencies.

Question 11:

Why should safety training be an ongoing process?

- a. Because laws and regulations are constantly changing
- b. To keep safety top of mind and ensure skills are up to date
- c. To keep trainers employed
- d. Both a and b

Answer: The correct answer is d. Both a and b.

Question 12:

What is one of the main causes of accidents in the workplace?

- a. Lack of interest in work
- b. Lack of appropriate training and supervision
- c. Overconfidence
- d. All of the above

Answer: The correct answer is d. All of the above.

Question 13:

Why is it important for managers and supervisors to lead by example when it comes to safety?

- a. Because employees are likely to emulate their behaviour
- b. Because it's a legal requirement
- c. Because they can avoid being blamed in case of an accident
- d. Because it makes them look good

Answer: The correct answer is a. Because employees are likely to emulate their behaviour.

Question 14:

What is the purpose of safety signs and signals?

- a. To decorate the workplace
- b. To communicate important information quickly and universally
- c. To fulfil legal requirements
- d. Both b and c

Answer: The correct answer is d. Both b and c.

Question 15:

What is one of the benefits of maintaining good health and safety practices in the workplace?

- a. Decreased absenteeism.
- b. Increased productivity
- c. Improved employee morale
- d. All of the above

Answer: The correct answer is d. All of the above.

Question 16:

What is the main aim of IOSH?

- a. To provide safety training to all employees
- b. To shape a safer, healthier world of work
- c. To increase company profits
- d. To enforce safety rules and regulations

Answer: The correct answer is b. To shape a safer, healthier world of work.

Question 17:

Which of the following is NOT a responsibility of a manager under the IOSH Managing Safely guidelines?

- a. Ignoring safety issues when under time pressure
- b. Carrying out regular risk assessments
- c. Ensuring employees receive appropriate safety training
- d. Investigating incidents promptly and thoroughly

Answer: The correct answer is a. Ignoring safety issues when under time pressure.

Question 18:

What should an employer do if they identify a safety hazard in the workplace?

- a. Ignore it unless it leads to an accident
- b. Inform the employees and take appropriate action to control it
- c. Wait for the safety committee to handle it
- d. Blame the person who caused the hazard

Answer: The correct answer is b. Inform the employees and take appropriate action to control it.

Question 19:

What does the term 'hazard' mean in the context of health and safety?

- a. An incident resulting in injury or harm
- b. A situation with the potential to cause harm
- c. A safety precaution
- d. A type of safety training

Answer: The correct answer is b. A situation with the potential to cause harm.

Question 20:

Which of the following is considered a good practice in managing safety?

- a. Ignoring minor safety issues
- b. Punishing employees for mistakes
- c. Promoting an open culture where safety concerns can be raised
- d. Waiting for an accident to occur before taking action

Answer: The correct answer is c. Promoting an open culture where safety concerns can be raised.

Question 21:

What is the purpose of personal protective equipment (PPE)?

- a. To prevent accidents in the workplace
- b. To protect workers from specific hazards
- c. To identify workers in the workplace
- d. To fulfil legal obligations

Answer: The correct answer is b. To protect workers from specific hazards.

Question 22:

What is the first step in conducting a risk assessment?

- a. Identifying the hazards
- b. Recording the findings
- c. Evaluating the risks
- d. Implementing control measures

Answer: The correct answer is a. Identifying the hazards.

Question 23:

Which of the following is NOT a method of controlling a hazard?

- a. Elimination

- b. Substitution
- c. Ignorance
- d. Engineering controls

Answer: The correct answer is c. Ignorance.

Question 24:

Which legislation sets out the general duties of employers towards employees and the public, and employees towards themselves and each other?

- a. Health and Safety at Work Act
- b. Workmen's Compensation Act
- c. Employment Rights Act
- d. Equality Act

Answer: The correct answer is a. Health and Safety at Work Act.

Question 25:

What should a manager do if an employee refuses to wear required PPE?

- a. Ignore the situation
- b. Fire the employee
- c. Discuss the importance of PPE and the potential consequences of not wearing it
- d. Force the employee to wear the PPE

Answer: The correct answer is c. Discuss the importance of PPE and the potential consequences of not wearing it.

Question 26:

Why is it important to regularly review and update safety procedures?

- a. Because it's a legal requirement



- b. To ensure they remain effective and applicable
- c. To keep safety top of mind for all workers
- d. Both b and c

Answer: The correct answer is d. Both b and c.

Question 27:

What is the aim of the IOSH Managing Safely course?

- a. To provide a basic understanding of health and safety responsibilities
- b. To train employees on specific safety procedures
- c. To prepare employees for a career in health and safety
- d. To reduce the number of workplace accidents

Answer: The correct answer is a. To provide a basic understanding of health and safety responsibilities.

Question 28:

Which of the following is an example of a physical hazard?

- a. Loud noise
- b. Stress
- c. Bullying
- d. Lack of training

Answer: The correct answer is a. Loud noise.

Question 29:

What is a key factor in creating a positive safety culture in a workplace?

- a. Regular safety inspections
- b. Employee involvement and ownership of safety initiatives
- c. Strict enforcement of safety rules

d. High levels of safety training

Answer: The correct answer is b. Employee involvement and ownership of safety initiatives.

Question 30:

What is the role of the Health and Safety Executive (HSE)?

- a. To provide safety training to employees
- b. To enforce health and safety law
- c. To design safety equipment
- d. To conduct safety audits

Answer: The correct answer is b. To enforce health and safety law.

Question 31:

What should an employer do to ensure the health and safety of their employees?

- a. Provide necessary PPE
- b. Provide training and instruction
- c. Ensure proper supervision
- d. All of the above

Answer: The correct answer is d. All of the above.

Question 32:

Which of the following is NOT a type of hazard?

- a. Physical
- b. Biological
- c. Chemical
- d. Imaginary

Answer: The correct answer is d. Imaginary.

Question 33:

What is a safety policy?

- a. A document that outlines an organization's approach to managing safety
- b. A set of rules that employees must follow
- c. A certificate that proves an organization is safe
- d. A legal document that protects an organization from lawsuits

Answer: The correct answer is a. A document that outlines an organization's approach to managing safety.

Question 34:

Why is it important to report all incidents, including near misses?

- a. To avoid legal action
- b. To identify patterns and prevent future incidents
- c. To assign blame
- d. To create a record for insurance purposes

Answer: The correct answer is b. To identify patterns and prevent future incidents.

Question 35:

What is the primary responsibility of a safety representative?

- a. To enforce safety rules
- b. To provide safety training
- c. To represent the interests of employees on health and safety matters
- d. To conduct safety inspections

Answer: The correct answer is c. To represent the interests of employees on health and safety matters.